

## Who We Are

Lahai Health is a clinic providing health care to underserved individuals and families in King and Snohomish Counties. Our services include integrated and comprehensive medical, dental, and mental health counseling.

Today, more than half a million individuals in Washington State do not have access to adequate health, dental, or counseling care. We know that having access to direct care services is essential to the well-being and improved quality of life for everyone.

Medical, dental, and mental health are difficult services to access for the vulnerable in our communities. Since 2003 we have been able to provide quality and compassionate healthcare through a dedicated network of volunteers, donors, and community partners — motivated to show Christ's love through care to all underserved people.

With an established practice and diverse base of staff and volunteers, Lahai Health is more impassioned than ever to keep making a difference by providing access to healthcare. Lahai Health provides care through each of our services that is intentionally modeled to be holistic and individualized for every patient that walks through our doors. While we meet immediate healthcare needs of each person, our long-term goal is to care for the whole individual, meeting the physical, emotional, and spiritual needs of each patient.

## Do you need Medical, Dental, or Counseling Care?

Call (206) 363-4105  
for appointment

**Medical ext. 230**  
\$10 suggested donation.  
Primary medical care.

**Dental ext. 701**  
Sliding fee scale.

**Counseling ext. 231**  
\$10 suggested donation,  
psychology based weekly therapy.

**Learn more at [Lahai.org](http://Lahai.org)**



**Providing quality and  
compassionate health care to  
the under-served, showing  
Christ's love to everyone.**

## Our Core Values:

**Christ Centered:** We value Christ and His teachings. We are seeking to follow where Christ is leading. Loving people as Jesus loved and joining together in a journey of service. We respond to people with a heart of love.

**Professional:** We value excellence in the administration of healthcare. We pursue respect in all of our interactions. We value responsibility and accountability for our actions.

**Relational:** We value knowing our patients and their families. We seek to connect with our patients and partners intentionally and thoughtfully. We pursue kindness, mercy, and respect for all people, from all backgrounds, religions, orientations, and nationalities – each of whom is created in the image of God.



## Our Services:

**Medical:** Our patients have access to full medical exams, resources to obtain low to no cost prescription drugs, laboratory tests, imaging services, intensive nursing case management and referrals to medical specialists. Additionally, we have expanded in offering several forms of specialty care at some of our sites including: individualized diabetic education, physical therapy, ophthalmology, gynecology and chiropractic care.

**Dental:** Our services include dental exams, x-rays, cleanings, fillings, crowns, bridges, extractions, dentures, and simple root canals. We do not currently offer implants or work with orthodontics.

**Counseling:** Our counselors are all formally trained in psychology and are either graduate level interns or licensed associates. We work with individuals, couples, and children in ongoing weekly appointments. Our counselors utilize a relational, psychodynamic model of therapy, similar to private practice.

## Get Involved!

**Volunteer!** Lahai operates through the generosity of our volunteers, and we are always in need of more volunteers of all skill sets! To learn more go to [Lahai.org/volunteer](http://Lahai.org/volunteer) or email [volunteer@lahai.org](mailto:volunteer@lahai.org)

## Clinic Locations

### Alderwood Compassion Center

19400 33<sup>rd</sup> Ave W.  
Lynnwood, WA 98036

### Community Life Center

19820 Scriber Lake Road  
Lynnwood, WA 98036  
*(Also home to our Dental Clinic & Counseling Services)*

### St. John United Lutheran Church

5515 Phinney Ave N  
Seattle, WA 98103

### North Seattle Church

2152 N 122<sup>nd</sup> Street  
Seattle, WA 98133  
*(Also home to our Counseling Services)*

### Cross View Church

604 Avenue C East  
Snohomish, WA 98290

### Bethany Compassion Center

1421 Broadway,  
Everett, WA 98201

### Connect Casino Road

14 E Casino Rd  
Everett, WA 98208

